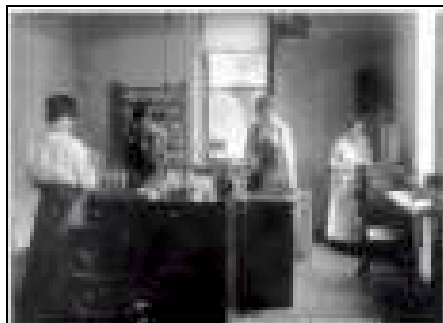


**WS12—Women's Seminar**  
**Dr. Christina Beard-Moose**  
**Office Hours: On-Line, Friday 9-10am**  
**Monday through Thursday, 9-9:30 am**  
**Tuesday and Thursday, 12:30-1:30 pm**

**Spring 2010**  
[beardmc@sunysuffolk.edu](mailto:beardmc@sunysuffolk.edu)  
**Phone: 451-4984**



Women chemistry students in a lab, ca. 1900



Students at UWashington School of Law, 2004

### Course Objectives

The objective of this seminar is to provide an opportunity for students to learn and develop the skills necessary for success in school and life. To accomplish this goal, each student will:

- study the ways that the sexist traditions in our culture have contributed to self image and limited life opportunities;
- learn how to take control of their education and accept responsibility for their own futures;
- identify resources available on campus and in the community which can assist students;
- locate and use the college library, computer center, and counseling center;
- learn and practice methods of improving the following study skills: reading effectively, improving memory, test-taking strategies, and managing time and stress;
- use an effective model of communication that facilitates listening to and confronting instructors, family and friends;
- examine personal ideas and decisions regarding issues typically faced by college students, e.g. academic problems, personal relationships, goal setting, health problems, substance abuse, AIDS, budgeting money and career choices;
- share with fellow students and course instructor's current experiences of college including problems, frustrations and successes.

### Attendance Policy

Attendance to this class, wherever we are meeting on a particular day, is **MANDATORY !!!!** Because attendance to this class is **the** primary portion of your grade, I will monitor attendance carefully. After two absences, your grade will be seriously affected. If you must be absent, you **must** let me know. I prefer e-mail (my address is at the top of this page), but you can also leave a voice message on my office phone (also at the top of this page).

Suggested Text:

*The Confident Student*, 5<sup>th</sup> edition. Carol C. Kanar

If you want to purchase the text, please do so on-line. It is NOT required.

**!!!WARNING!!!WARNING!!!WARNING!!!WARNING!!!WARNING!!!WARNING!!!**

By intention, this class may be hazardous to your current belief system, worldview, and understanding of the cosmos. There is undoubtedly something here that will offend someone. You should expect to be angry and perhaps even changed by the experience. Some of the materials used in this class may be especially difficult for some students. The graphic nature of these materials makes it essential that students be able and willing to conduct themselves with maturity.

**!!!WARNING!!!WARNING!!!WARNING!!!WARNING!!!WARNING!!!WARNING!!!**

**Basic Student Responsibilities:**

The whole point of this seminar is to provide you, the student, with the tools you need to succeed in college. Because of that, attendance is the most important aspect of this course. If you are not present, you cannot join in the with the class to add to discussion, questions and analyzing why you are here in the first place. Therefore, I expect you to think critically, interact with other students and ask questions. ALL questions asked in class are valid and deserve attention. Remember, you have something valuable to say and what you learn from this class will be in proportion to what you put into it!

**Attendance and Class Participation:**

Your presence is required in this class every scheduled meeting time. I take roll daily and I notice who participates in class discussion. If you are shy, I urge you to come speak to me in private during office hours. My goal is to create an atmosphere that encourages questions, comments, and new ideas at all times. Since your grade for this class is 50% about attendance, each day, alone, is worth 16 points. In accordance with college policy, you are allowed one absence. If you are not here, beyond the one (1) allowed absence, you get a '0' for that day. If you know that you will be out for **ANYTHING** in advance [E.G. SPORTS PARTICIPATION, JOB-RELATED ISSUES, or CHILD-RELATED ISSUES], *PLEASE*, let me know. You and you alone are responsible for catching up with work that you may have missed in class.[240 points]

**Journals:**

For the first 8 weeks of the course, you will be writing 1-2 page weekly journals on the topics we cover in class or the workshops/seminars that we attend given by SCCC for Freshman Orientation. These journals are due the first of each class. Each journal entry is worth 20 points, but, I will only count the top six grades. I will accept late papers, but, for each and every class period that your journals are late, I will deduct 4 points from the possible 20, then grade the work. [120 points]

**Writing Assignment:**

Your writing assignment for this class will consist of an 4-6 page paper which we will discuss separately. **Any type of plagiarism or cheating will be dealt with quickly and severely with an automatic "F" in the class. For college-wide policy, see catalog p. 69.** [120 points]

**Grading:**

50%--Attendance at all classes and workshops and participation in discussions in class.	240 points
25%--Journal grades.	120 points
25%--Final Autobiography.	<u>120 points</u>
100% -- Total	480 points

## Course Schedule

	<b>Date</b>	<b>Assignment</b>
Week 1:	1/25	Getting to know you. . .Why take a Freshman Orientation-style course? How well do you know your way around the campus? Do you know who to question with a problem? Journal #1: Begin your journal: Choose an article and tell me what is important to you about it. Why did you choose it? How does it relate to your life, career, school choices?
Week 2:	2/1	Women and Power: Why College is Working for Women On-Line Film: FORA.TV Women Leaders' Panel Journal #2: Write your journal on this question: Taking into account the panel discussion, what can you do, will you do, to overcome some of the barriers related to women becoming leaders in the workplace [as CEO et al] or the government [as President specifically]?
Week 3:	2/8	.Time Management and the Busy Woman *school-work *home-work *wage-work *Accessing and using the student handbook, catalog, and website *Allocating time and energy throughout the day Journal #3: write a 300-500 word essay on a typical day in your life. Be sure to talk about the great parts and the lousy parts, but don't let one outweigh the other. Use the following website to help with your work: <a href="http://www.webguru.com/writing/index.htm">Http://www.webguru.com/writing/index.htm</a> Links: Tips on writing essays Essay writing skills: steps to writing essays What is 6-trait writing?
Week 4:	2/15	<b>NO CLASS – Mid-Winter Recess</b>
Week 5:	2/22	XH06 Course * Meet for the entire class in the Computer Center, Huntington Library, LL Information technology is a required element of this class. Student familiarity with the college web site, portal, online registration and new e-mail system is essential to academic success at Suffolk. We will meet Journal #4: know your student ID number and be prepared to take part in the e-mail and “on-line student services” portion of the class. Your assignment is to e-mail me @ beardmc@sunysuffolk.edu from your student account and discuss how the workshop could potentially help you with academic achievement.
Week 6:	3/1	Library Orientation *Meet for the entire class in Huntington Library, Rm. 111 Journal #5: Discuss the day's library orientation. Was it helpful? Did you already know everything? How will/won't you use the information from today's class in the future? You should write 300-500 words.

Week 7: 3/8 CEO Workshop.  
\*Meet for the entire class in the Montauk Point Room, Babylon Student Center  
The Career Services & Co-op Education office is a vital link for SCCC students to their professional futures. This program will provide orientation to the program.  
Journal #3: Start writing your own resume. Make an appointment with CEO to discuss how to improve your resume and how to take steps toward a future career.

Week 8: 3/15 TBA  
Week 9: 3/22 TBA

!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!! 3/29-4/4 SPRING BREAK!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

Week : 4/5 Your Academic Plan: How to Take Charge and Plan Your Own Schedule.  
\*Know your SAIN report  
\*Choosing classes  
Pre-Registration Time! Bring in you SAIN reports and together, we will make up your schedules for the Summer and Fall 2010.  
Journal #8: Write a long-range plan for your time here at SCCC and beyond. Which courses do you want to take? Which courses are required for the track you have chosen? If you haven't chosen a major yet, look at the courses you might take in order to make a good choice in the future. Use your own SAIN report and the current catalog for this task

Week 10: 4/12 Writing and Oral Assignment. Due on 5/10. This assignment is designed to help you explore and evaluate your own life's journey. Here, you will have a structured outlet to report, discuss and reflect on the topics that are covered in the entire course. You should also think of this as an opportunity to think deeply through some issues we have already touched on.

Week 11: 4/19 Tests, tests, tests. Reducing or eliminating test anxiety for the new student.

Week 12: 4/26 Improving Reading Skills.  
In-class mini reading skills test. Is reading critically difficult? Why? What does that mean anyway?

Week 13: 4/28 Student Visual Arts Show: Art as Life, Life as Art  
Today, we'll walk up and take a tour of the annual student art on display for the end of the semester. Which pieces do you like? Which are annoying? What are the emotions that are brought up for you? Let's talk about art and a woman's perspective.

Week 14: 5/3 Complaints and Praises. What has gone right this semester? What has gone wrong?

Week 15: 5/10 Turn In Final Autobiographies: Individual Presentations.

Week 16: 5/17 Get back Final Autobiographies and Final Class Grade

Please keep in mind that the syllabus calendar is meant to guide us through the semester. However, there will be times that we may spend more time on one discussion topic and less on another and the class calendar will change accordingly.